# Installation Instructions SAUNA ROOM

WOODBRIDGE

Model:CSQ-4739-B



SAUNA ROOM
FOR INDOOR USE ONLY
120VAC 20 AMP DEDICATED CIRCUIT

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## READ ALL INSTRUCTIONS BEFORE UNPACKING THE PRODUCT

INSTRUCTIONS THAT, IF IGNORED COULD RESULT IN DEATH OR SERIOUS INJURY CAUSED BY INCORRECT HANDLING OR INSTALLATION OF THE PRODUCT. THESE INSTRUCTIONS MUST BE OBSERVED FOR SAFE INSTALLATION.



TEAM ARE REQUIRED TO LIFT AND DURING ENTIRE INSTALLATION OF THIS PRODUCT

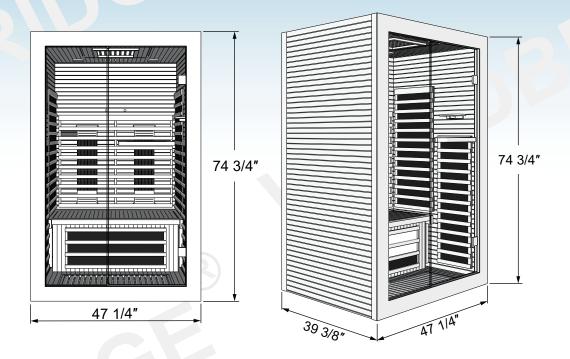
This products must be installed by a fully insured and licensed installer.

We are not responsible for local code compliance for this product. Building and plumbing codes may vary from state-tostate inaccordance to your location. We are not responsible for providing any compliance certifications.

Underno circumstances we are liable for any and all incidental damages sustained in connection with this product. Neither manufacturer, distributor or retailer is responsible for water damage or flood caused by the usage of this product.

Under no circumstances we are liable for any and all fees, cost of installation/reinstallation/removal, subsequent damages or transportation in case of the product defect.

The connection instructions in this manual are for general reference. The actual connections may varyby the type of sauna room you purchase.



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# **WARNING**

Visually inspect all heaters before assembling to make sure there's no damages! Contact your dealer or manufacturer for troubleshooting and replacement parts.

## **NOTE**

The pictures and diagrams shown are representations of this model. Some models may vary.

Due to exsessive vibrations during transportation can cause damage to the heating elements.

If there's any visible damage do not start the sauna.

Safety notes/warnings included in this manual. Be aware of the safety notices on the sauna itself.

Choose an installation location for your indoor sauna:

- (1) Your sauna should be placed on a solid surface and dry area.
- (2) Your sauna should not be built into any structure. It is a self-contained and freestanding unit.
- (3)To allow easy access to the main power cord, ensure there's a minimum of 3 inches of clearance from the top wall and all sides of the unit.
- (4)Moisture may cause damage to the interior and exterior of your sauna. Your basement, attic, garage, playroom, spare bedroom, new extension, and garden chalet are a few possible locations for your sauna.

#### Cleaning & maintenance

- 1. Before using your Infrared Sauna for the first time, use a damp cloth to clean the inside of the sauna. You can use a natural furniture polish, or beeswax to clean the exterior.
- 2. To burn off any factory dust before using your sauna for the first time, turn the sauna on for the maximum time and temperature. Turn on to max temperature and run for at least one hour.
- 3. Remove any scratches and stains on the inside of the sauna using fine-grade sandpaper over the damaged area.
- 4. We recommend applying a heavy furniture polish or beeswax to the outside of the sauna and this polish will create a barrier for better protection.

## **A.PREVIEW**

## A.1 Operating Conditions:

• Temperature: 5°C-40°C(Fahrenheit Degree: 41-104°F)

• Humidity: W85%

• Pressure: 700-1060 hpa

Power supply: AC115-120V, 60Hz

• The sauna cabin must be 1.38 inches away from the wall at minimum.

#### A.2 Features:

- Wooden construction.
- Digital microprocessor controlled.
- Temperature adjustable from 30°C-65°C.(Fahrenheit Degree: 86-149°F)
- Adjustable dwell time from 1 to 90 minutes.
- Temperature sensor.
- Touch-tone keypad.
- Long-life carbon fiber heater.
- One vent on top.

Before using the sauna, familiarize yourself with all.

## **B.GENERAL SAFETY RULES**

# B.1 IT IS ILLEGAL TO INSTALL THIS UNIT WITHOUT FIRST OBTAINING A PERMIT FROM THE LOCAL ELECTRICAL INSPECTION AUTHORITY.

- There must be a reliable grounding device in the power supply and circuit used when the equipment is working, a reliable grounding wire in the socket to avoid a large amount of water vapor produced by the equipment due to overuse, which may cause static induction, voltage increase, short circuit, smoke, tripping and other hazards;
- equipment used in the work of the power cord and circuit connection line hidden inside the device, do not pull the wire in the process of use or to change lines, please do not rub back and forth around the foot mesh or heating plate to avoid grinding equipment wires and circuit connections outside the protective layer, resulting in power leakage, wire short circuit, smoke, tripping and other hazards;
- Do not use the national standard voltage other than the power supply, so as not to cause fire and electric shock hazards.
- Do not attach moisture or any debris to the power plug or the gap between the power supply, so as to avoid electric shock or other equipment failure;
- When plugging in or unplugging from the power supply, please grasp the plug and make sure there is no moisture on your hands to avoid the risk of electric shock;
- Families with pets need to pay attention to the pet's behavior to avoid them biting the power cord to avoid causing a fire or other accidents; when out of the house, be sure to unplug the power plug, and place the equipment in an area that pets can not reach.

#### **B.2 Health Precaution**

HIGH HEAT HAZARD: Normal body temperature should not exceed 39°C(103°F).

- Do not sleep while using the equipment to avoid accidents; do not use the equipment continuously for a long period of time;
- Only use equipment under a responsible adult supervision;
- If you feel uncomfortable or your skin feels abnormal during usage, please stop using the device immediately and consult a doctor;
- Don't wear clothes with metal and remove metal jewelry when using the device to avoid low temperature burns.

CAUTION: If you feel dizzy, drowsy or have any symptoms of discomfort, exit the sauna immediately. If you are experiencing symptoms of discomfort or illness, you must consult your physician before using the sauna. Please note that this product is a physical therapy device and not a treatment device.

#### **B.3 Safety Precautions**

- Do not dry clothes or leave towels in the sauna.
- Do not touch the heater with your fingers or metal tools when the light is on.
- Do not splash water or other liquids on the heater.
- Do not use the sauna if you have any of the following conditions:
- 1. Open wounds, eye problems or severe burns;
- 2. Seniors, special needs or disabilities, pregnant and small children;
- 3. Patients suffering from hyperthermia, obesity, heart disease, high blood pressure, circulatory diseases or diabetes must consult a doctor before using this product.
- No pets.
- Do not use after excessive alcohol consumption.
- Do not install sauna near water, bathtubs, showers, wet basements or swimming pools.
- Do not use liquid cleaners or aerosol cleaners in the sauna. Before cleaning, it is necessary to disconnect the power and unplug the outlet. Scrubbing with water and a soft cloth is recommended.
- If it is necessary to use a wall outlet adapter or extension cord between the sauna power cord and the wall outlet, use a product that complies with the standard regulations.
- Children 8 years of age and older, and a person with special needs or disabilities must be supervised at all times by a guardian the safe use of electrical appliances before using this product.
- The sauna should be inspected before restarting the timer.
- When replacement parts are required, make sure they meet the manufacturer's specified requirements.
- Unauthorized substitutions may result in fire, electric shock or other hazardous conditions. After performing any repairs, have a service technician perform a safety check.

#### **B.4:Maintenance Guidelines**

- To ensure the best perforance and safety of your sauna, please review the following guidelines:
- DO NOT MODIFY THE POWER CORD: The power cord supplied with your product is designed for safe operation. Modifying, cutting or altering the power cord in any way may result in a safety hazard.
- If the power cord is damaged, it must be replaced by a similarly qualified person in order to avoid a hazard.
- WARNING: Connections to the power cord must be made by a certified electrician! Installation of all electrical component box.
- Avoid the use of extension cords: We strongly recommend that you do not use extension cords with this product. Extension cords may cause a drop in the power supply, leading to reduced performance and potential safety risks. If you need a longer extension, please contact our customer service for a recommended solution.
- When replacement parts are required, make sure they meet the manufacturer's specified requirements.
- Unauthorized substitutions may result in fire, electric shock or other hazardous conditions. After any repair, have a service technician perform a safety check to make sure your sauna is working properly.
- Failure to follow these instructions may result in damage to the product or pose a safety risk. Thank you for prioritizing safety and following these guidelines.

# MAIN COMPONENTS

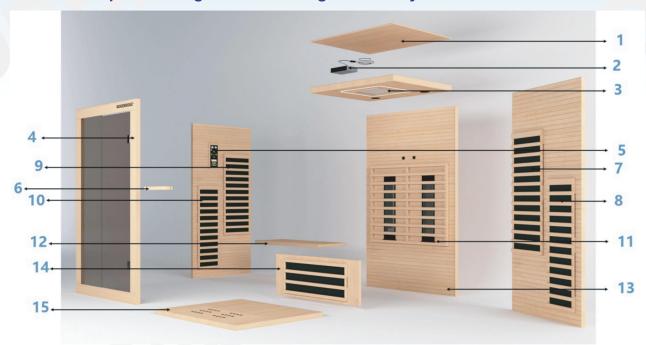


# FIXINGS, FITTINGS AND TOOLS

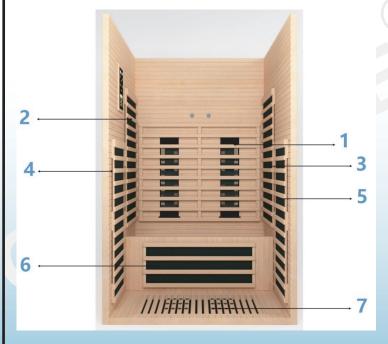
1	1	6	9
M3.5*15MM	M3.5*25MM	M4*50MM	M4*40MM
SCREW FOR OXYGEN BAR	SCREW FOR TEA	SCREW FOR BENCH	SCREW FOR
AND DUST COVER PLATE	CUP HOLDER	AND LEG SUPPORT	BACKREST
QTY:12	QTY:2	QTY:8	QTY:2
SPARE SCREWS	SPARE SCREWS	SPARE SCREWS	B
QTY:4	QTY:4	QTY:4	

# **C.INSTALLATION**

## C.1 Product explosion diagram and heating element layout.



1	Dust Cover	2	Power Supply Box	3	Top Panel	4	Front Panel with Glass Door
5	Controller Panel	6	Wood Handle	7	Right Panel Heater	8	Seat Right Panel Heater
9	Left Panel Heater	10	Seat Left Panel Heater	11	Back Panel Heating Tube	12	Seat Panel
13	Back Panel	14	Seat Support+Heater	15	Seat Panel+Heater		



1	Back Panel Heating Tube 0.4"*22.6"*2PCS	2	Left Panel Heater 39.4"*11.8"*1PC
3	Right Panel Heater 39.4"*11.8"*1PC	4	Seat Left Panel Heater 39.4"*15.7"*1PC
5	Seat Right Panel Heater 39.4"*15.7"*1PC	6	Seat Panel+Heater 31.5"*11.8"*1PC
7	Foot+Foot Heater 31.5"*11.8"*1PC		

# **Assembly diagram**



Step 1: Install Bottom



Step 2: Install Back Panel



Step 3: Install Left panel



Step 4: Install Right Panel



Step 5: Install Seat Support



Step 6: Install Plug(Leg+ Foot Heating)



Step 7: Install Seat



Step 8: Install Front Panel

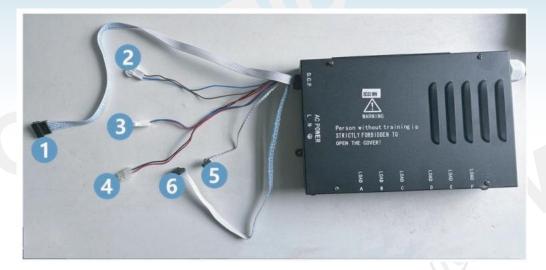


Step 9: Install Top Panel



Step10: Install Wood Handle

#### **C.2 Circuit Diagram**



1	Control Line	2	Beauty lamp	3	Backup Line
4	Oxygen Bar Line	5	Temperature Sensor	6	Color Light

This circuit diagram is applicable to (FOR CARBON ENERG INFRARED MODEL SAUNAS)

#### C.3 Attention before installation

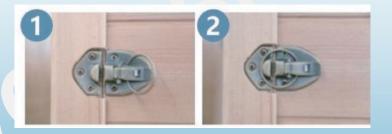
- Do not share the same plug with other appliances.
- Position it on a flat level surface.
- Do not splash the exterior with water. If the floor is damp, install a floor separator to keep the sauna dry & high.
- Do not store the flammable objects or chemical substances near the sauna.

#### C.4 Details during installation

• Place the Bottom Panel on level ground and keep the right the side up.



• Fasten the sauna plate with hasp.



• Leg Support Install(Screw Fixed)







• Seat Install(Screw Fixed)







Install Top(Screw Fixed Top+Electric Connection)
 Open Dust Cover Plate and Install the top on the sauna room
 Open components(Top Panel)and(Dust Cover Plate)



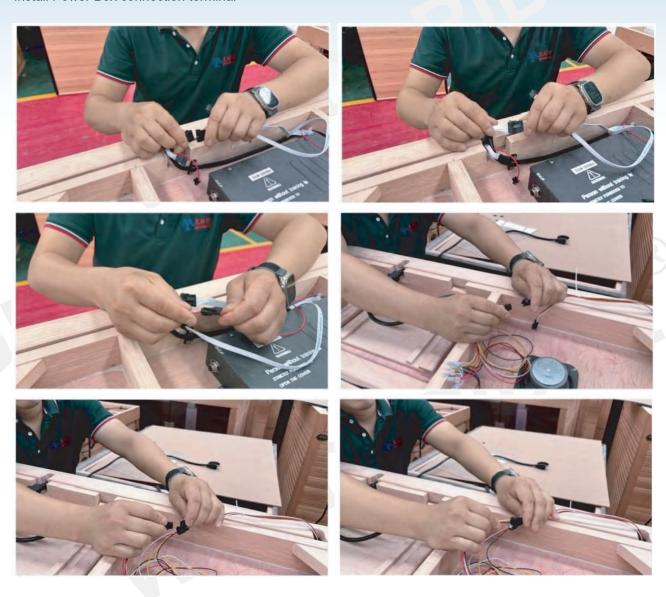


Install Heater Plug





Install Power Box connection terminal



Install Dust Cover Plate
Install components(Top Panel)and(Dust Cover Plate)





• Installing cup holder.

Attach cup holders in the fore left corner and the fore right corner(when sitting in the sauna).



- Installing doorknob.
  - 1. Align the inside doorknob against holes on the inside of the door.
  - 2.Hold it at an angle against the door.
  - 3.Insert the screw into the hole located on the inside of the door. Screw until it is tightly fit.



## C.5 How to replace the heater

Warning: only qualified person can replace the heater.

How to replace the carbon fiber heater:



1.Take off wooden frame of carbon heater, then screw off carbon heater from wooden frame.



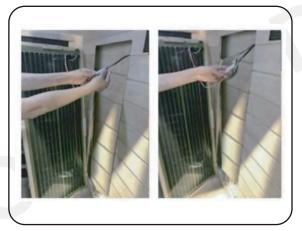
3.Disconnect the connector between carbon heater and sauna wall.



5. Screw wooden frame of carbon heater to sauna wall and cover the screw hole with original wooden cover.



2. Take out carbon heater carefully. Find out the connector between carbon heater and sauna wall.



4.Repace with a new carbon heater. Screw it into wooden frame. Then plug in the connector from carbon heaterand sauna wall.

- How to replace the carbon tube(Example: The following picture shows other products, but the replacement method is the same)
  - a.Remove the 4 fixed screws from the wooden fence.





b.Remove the screws from the black mesh cover and remove the mesh cover.





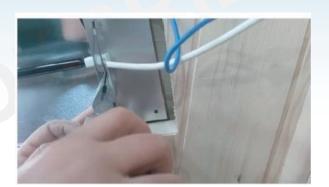


c.Pull out the wire connectors on both sides of the heating element from the inside of the sauna room (do not forcefully pull to prevent breakage, you can hold the white wire and shake it left and right to pull it out), cut off the connecting wire of the heating element.





d.Remove the metal wire clips from both ends of the heater and remove the damaged heating tube.

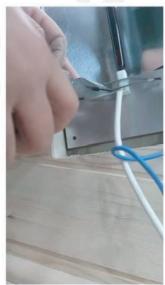






e.Install a new heating tube and insert the line card.





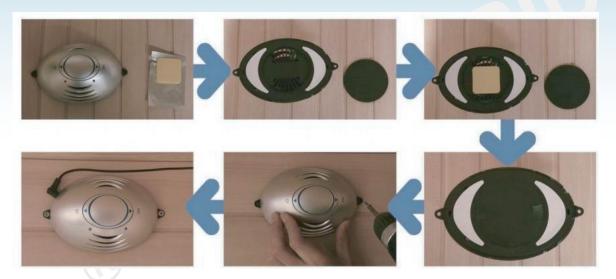
f.Connect the two wires of the heating element and wrap them with high temperature insulation tape.





g.Install the mesh cover and install the wooden fence on the back.

## C.6 Oxygen Ionizer Installation



- Press the ion button: it extremely purifies the air and removes toxic substances including the dust odors and mold.
- Press the ozone button: ozone may kill virus, and will bedeoxidized into oxygen in the end without secondary pollution, which the chemical agents can not achieve.



## **SPECIFICATION**

MODEL: ----->DY13A
OZONE OUTPUT: ---->5MG/H
RATED VOLTAGE: ---->DC-12V
POWER CONSUMPTION: ---->5W
DIMENSION: ---->4.72"\*3.54"\*6.93"
ANION DENSITY: ---->1\*106PCS/CM3

• Operating instruction: anion and ozone can only work separately; when the ozone starts to work the anion will stop; after about 15 minutes working the ozone will stop; and turn the anion function automatically.

## **D.OPERATION**

NOTE: Before the sauna is turned on, remove plastic protective covering from the CONTROL PANELS. Please check and confirm that the connections to the POWER SUPPLY, HEAT EMITTERS, and TEMPERATURE SENSOR are connected properly. The power supply voltage and frequency must match the requested voltage and frequency of the sauna(120VAC 20AMP Dedicated Circuit).

#### D.1 In use of sauna room

Please pull the temperature sensor vertical downward, as shown in the figure below to ensure the accuracy of the temperature display on control panel.





D.2 Plug the power cord into the wall outlet. Sauna Plug 120V/20A(5-20P)



The power plug used in the sauna is 120V20A. be sure to follow the steps below:

- Confirm the outlet type: please check if there is a 120V20A matching outlet at home first.
- Prioritize the use of matching outlets: If there is a 120V20A outlet, please prioritize the use of that outlet.
- Cautions for using an adapter: If there is no 120V20A outlet, you can use an adapter. However, before using the adapter, please read and follow the instructions and precautions for the use of the adapter carefully.

5-15P to 5-20R Adapter Cable Instructions for Use

1.to ensure that the customer's home socket internal wiring for the 12# wire diameter, wire diameter will cause over current heating caused by fire.

2.to ensure that the customer's home electric socket intact, to ensure that the adapter 5-15P plug and the customer's home socket connection is firm and not loose, so as not to cause the plug connection of the virtual connection of heat and fire.



3.to the customer more than 20 years of housing type, to ensure that the line is not aging phenomenon, so as not to cause the line carrying capacity is not enough.

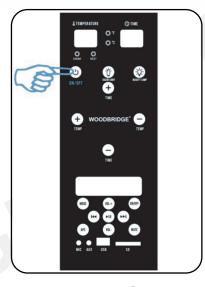
4.to ensure that the customer's internal wire for pure copper material, do not use aluminum and other materials such as wire.

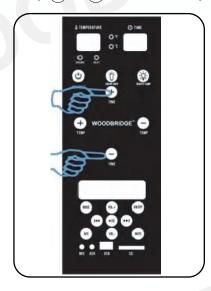
#### D.3 Operation of control panel

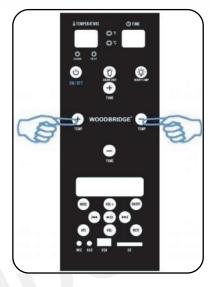
a.Press the key **(**.) The power indicator turns on. Temperature display indicates the temperature in the room. Press the key again **(**.) The power indicator turns off.

b.Press the TIME Key (+) or (-) to adjust the time. If the time indicates 00, the room stops heating.

c.Press the TIME Key + cogether can switch between C and F, the heat indicator turns on. The sauna will automatically start by pressing the key + or - on the left to adjust the temperature.





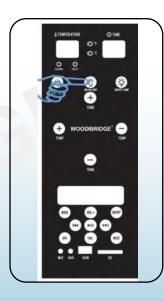


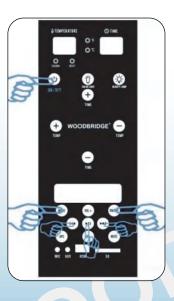
d.Pressthe key turn on LED color therapy light in the room, This light has 9 different kinds of effect. Perssing one time means one kind of color. Pressing L9, it turns into automatic quickly color changing mode and L8 it turns in to slowly color changing mode, and L1-L7 are for 7 different colors.

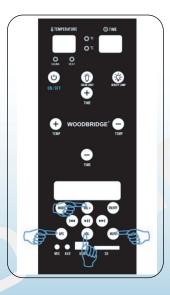
e.Press the key of to turn on/off the music. Press the key to choose AM/FM and bluetooth (Bluetooth Name: G\_811). Press the key to choose the last song. Press the key to choose next song. Press the key lo stop the song.

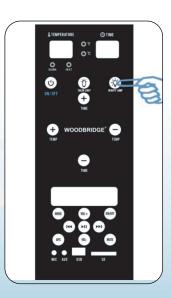
f.Press the Audio Control Key (VOL) to increase the volume. Press the key (VOL) to decrease the volume. Press the key (VOL) and (APS) to answer the telephone.

g.Press the key 🕸. The beauty lights turns on. Press the key again 🕸. The beauty lights turns off.

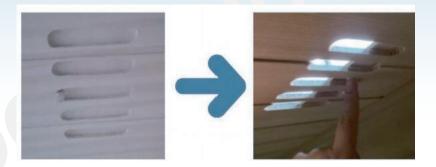








#### D.4 Open the ceiling vent to allow a flow of fresh if required.



## **E.TIPS FOR USE**

- Set the temperature to a comfortable level, normally 40 to 50°C.(104 to 122°F)
- Allow approximately 8-15 minutes for the sauna to warm up.
- Perspiration will begin within 6 to 15 minutes after stepping into the unit. We recommend a sauna session does not exceed 30 minutes.
- When the temperature reaches the level set on the thermostat, the heaters will turn off and on periodically to maintain the desired temperature level inside the sauna.
- The front door/window/ceiling vent can be opened at any time to allow fresh air into the room.
- Drink plenty of water before, during and after a session to replenish lost fluids from the body.
- Taking a hot shower or bath before the sauna session will further accelerate perspiration. However, do dry off thoroughly before entering, for excessive water will stain or warp the wood.
- To absorb perspiration and keep the sauna tidy, place a towel on the bench and floor of the sauna. Keep one towel handy to wipe out sweat from the body.
- Do not eat at least an hour before your sauna session. It is better to go in a sauna with an empty stomach.
- Do not use the sauna immediately after a strenuous exercise.
- Any area you want to achieve a deep heating should be moved close to the heaters. But never allow any part of the body to come into direct contact with the heater.
- After the session is over, do not immediately get out. Let the body sweat a little more. Then, take a warm shower and finish it off with a cold shower to cool off completely.

# **F.FREQUENTLY ASKED QUESTIONS**

MAKE SURE TO SHUT OFF THE ELECTRICITY BEFORE DOING IT.

#### F.1 Heater has problem.

Problem	Explanation	Solution
Heaters are still working When set time is up.	Power board and control panel broken.	Replace with a new power board and control panel.
All or parts of heaters working before you turn on the power, when you plug the power cord.	Power board broken.	Replace with a new power board.

## F.2 The control panel does not work.

Problem	Explanation	Solution
The power indicator isn't on.	The fuse is broken or the sauna is not plugged in.	Change the fuse or the plug in the sauna.
The soft keys do not work.	Unplug sauna, wait a minute or plug ba	ck into power source.

## F.3 The interior reading light doesn't work.

Problem	Solution
The bulb is burned out.	Change the bulb(≤15 watt)

# F.4 The carbon heater is not heating.(Warning: only qualified person can replace or repair the heater)

Problems	Explanation	Solution
Dest of the header described with	The heater is defective.	Replace with a new heater.
Part of the heater does not warm up.	Part of the heater is not connected well or burned out.	Connect them tightly.
	The relay is damaged.	Replace the relay.
The entire room does not heat.	The control panel is damaged.	Replace the control panel.
	The plug is not plugged in correctly.	Re-plug it.
Bench heater does not heat.	It is not connected tightly into the outlet on the back panel.	Connected tightly.

## **G.MAINTENANCE**

• Clean the sauna room with a soft wet cloth. NEVER use petrol, alcohol, benzene or any other such chemical to clean the unit.

## **H.TRANSPORTATION AND STORAGE**

- Avoid exposure to rain, snow or strong collisions during transport.
- Do not store in damp environments.

## I.LIMITED WARRANTY

- The warranty warrants the sauna to be free of defects in material and workmanship.
  - \*\*Heaters-----12 months
  - Workmanship-----12 months
  - **X Electrical Components-----12 months**
- This warranty extends only to the original retail purchaser of the sauna and terminates upon transfer of ownership. Freight charges to and from the customer are the responsibility of the customer. This includes freight charges for parts shipped to enable the services of your sauna.
- This warranty is void if the sauna has been altered, misused, or abused. Such instances shall include operation or maintenance of the sauna in deviation to the published instructions. The warranty extends only to the manufacturing defects and does not cover any damages resulting from mishandling of the product by the owner.
- Disclaimers

Woodbridge shall not be liable for loss of use of sauna or other Woodbridge products or other secondary or incidental or consequential costs, expense or damages-which may include the removal of permanent deck or other custom fixtures. Under no circumstances shall Woodbridge or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.

• This sauna is for INDOOR use only. Placing your sauna outdoors will VOID this warranty. Any damage due to exposure to outdoor elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty. Any damages as a result of modifications made to the sauna or its components will void this warranty. Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction.

Note: Since the wood used in construction has been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment.

#### ATTENTION OF USING SAUNA

- 1. Sauna use may cause blood pressure to fall, so people with low blood pressure should talk to their doctor to make sure sauna use is safe.
- 2. People who have heart disease or have recently had a heart attack should also talk to their doctor first.
- 3.who after consuming alcohol or suffering from high blood pressure, heart disease, infectious or contagious diseases, skin conditions, or who are physically unfit for sauna & steam bath are not recommended to use the facility.
- 4. Children under the age of 12 should be accompanied by an adult.
- 5. Please shower before using the facility, leave your shoes outside and sit on a towel.
- 6. Pregnant women or persons on prescribed medication should consult their doctors before using the facility.
- 7. You may enjoy the sauna as long as you want. Leave the facility immediately if you start to feel uncomfortable.
- 8. Common time to use the sauna is 5-15mins per visit.
- 9. Drying of clothes, newspaper and periodical reading and any behavior that disturbs or would disturb others are not permitted in the sauna.



#### REDUCE THE RISK OF OVERHEATING

- 1. Exit immediately if uncomfortable, dizzy, or sleepy. Staying too long in a heated area is capable of causing overheating.
- 2. Supervise children at all times.
- 3. Check with a doctor before use if pregnant, in poor health, or under medical care.
- 4. Breathing heated air in conjunction with consumption of alcohol, drugs, or medication is capable of causing unconsciousness.



#### **IMPORTANT!**

DO NOT USE: Abrasive cleaners such as: acid, ammonia, bleach, and similar solutions. Use of such solutions may cause corrosion, finish peeling, and/or dull the surface.

DO NOT USE: Abrasive sponges or cloth. Never use steel, wool, or wired brushes that will permanently scratch the

## Retain these installation instructions for future reference!

Thank you for using WOODBRIDGE products!

# WOODBRIDGE

California (Norwalk)Distribution Center 15600 Blackburn Ave,Norwalk,CA 90650

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Florida(Orlando)Distribution Center 13645 S Orange Ave,Orlando,FL32824

Canada (Ontario)Distribution Center 615 Orwell Street,Unit B,Mississauga,ON L5A2W4,Canada



Please don't hesitate to contact us if you have any questions or concerns.

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Or Email: help@woodbridgebath.com